

Tackling the stress factor

Preventing Burnout the Natural Way: How to Protect Yourself from Chronic Disease



Friday Jan 22, 2010,
The Royal Institute of British Architects (RIBA)
Portland Place, London W1.
In association with Wellness Academy

Supporting sponsors to date



Exhibitors to date



REGISTRATION FORM

Please complete this form using a black pen and fill in all the requested information.

Please Register me for this event

Title Family name First name

Job title

Organisation Type of business

Address

.....

Postcode Country

Tel (including country code)

Fax Email

DELEGATE RATES AND PAYMENT METHODS

Delegate rates: £135 early bird special if booking received before November 30th. Full rate £160 from December 1st

Visa Mastercard Diners Club American Express (tick as appropriate)

Card number Expiry date

Name of card holder

Signature Date

Special dietary requirements: Please indicate if the following apply:

Vegetarian Dairy-free Wheat-free

HOW TO REGISTER

Fax this form to: +44 (0)208 1814607
Post to: Unit 8, Rutford Court, 9 Rutford Road, Streatham, London SW16 2DQ
Tel: +44 (0)7956 867824 • Fax: +44 (0)208 1814607 • Email: marketing@inside-outnutrition.com

ADMINISTRATION DETAILS

Registration Fee: The registration fee includes entry to the Health4Life event, lunch, plus morning and afternoon refreshments. PLEASE NOTE: The registration fee does not include travel expenses. The full amount for the event must be paid upon receipt of the registration form.

Cancellations: Cancellations received in writing before January 4th will be refunded in full less an administrative charge of £25. We regret that cancellations cannot be accepted thereafter. Substitutes are acceptable at any time. PLEASE NOTE: It may be necessary for reasons beyond the control of the organisers to alter the content or the timing of the programme.

Enquiries: Please address all enquiries to Adele Wolstenhulme FdSc. DipION. mBANT, Director, Nutrition Consultant / Principal

Inside Out Nutrition (UK) Ltd/ Triangle International

Tel: +44 (0)7956 867824 • Fax: +44 (0)208 1814607 • Email: marketing@inside-outnutrition.com

The information you provide will be safeguarded by Inside Out Nutrition (UK) Ltd, whose subsidiaries may use it to keep

you informed of relevant products and services. We occasionally allow reputable companies outside the Inside Out

Nutrition group to mail details of products which may be of interest to you. Please check this box if you do not wish to receive this information.

Organised by



In association with

